

# PERSONAL TRAINING

Achieve your goals fast and efficient.

Personal training is available for one person and can be scheduled on weekdays between 6:30-12:00 and 14:00-17:00 based on availability of our coaches.

[www.swimgym.nl/personaltraining](http://www.swimgym.nl/personaltraining)



## PRICES & PACKAGES

### 5 SESSIONS/SAME COACH

- 5 weeks consecutively, same coach
- Set day and time every week
- Possibility to reschedule one time

<b>MEMBERS</b>	(€78/session)	<b>€390</b>
<b>NON-MEMBERS</b>	(€93/session)	<b>€465</b>

### 10 SESSIONS/SAME COACH

- 10 weeks consecutively, same coach
- Set day and time every week
- Possibility to reschedule two times

<b>MEMBERS</b>	(€68/session)	<b>€680</b>
<b>NON-MEMBERS</b>	(€83/session)	<b>€830</b>

### 5 SESSIONS/FLEX PACKAGE

- Book your sessions 14 days ahead
- Choice of coach based on availability
- Package is valid for 3 months

<b>MEMBERS</b>	(€78/session)	<b>€390</b>
<b>NON-MEMBERS</b>	(€93/session)	<b>€465</b>

### 1 SESSION PERSONAL TRAINING

- Book your session 14 days ahead
- Choice of coach based on availability
- Session is valid for 2 months

<b>MEMBERS</b>	(1 session)	<b>€85</b>
<b>NON-MEMBERS</b>	(1 session)	<b>€100</b>

Cancellation is free of charge up to 24 hours prior to session. Sessions cancelled within 24 hours will be charged. Read the **product conditions** and **Terms & Conditions** at [www.swimgym.nl](http://www.swimgym.nl)